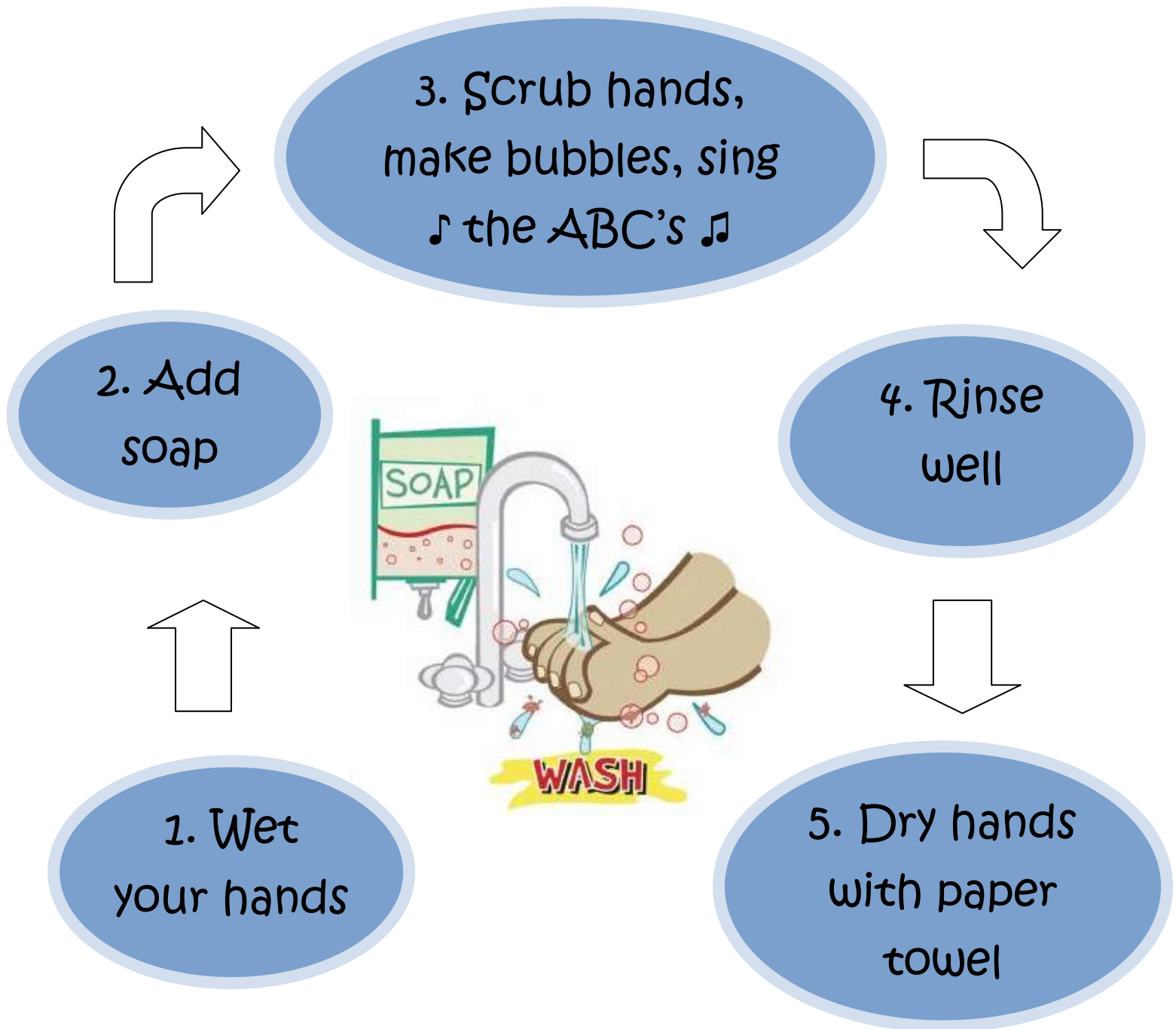


# WASH YOUR HANDS



## Hand Hygiene – the great germ fighter!

Hand washing is the single most important way to control the spread of infection. Teach your child how to clean his hands properly.

Children should wash their hands before eating or preparing food.

Teach your child to wash her hands after:

- using the toilet
- playing outdoors
- touching animals
- coughing or sneezing into their hands, or blowing noses